

YOUTH 0–24 · PRINT MODULE

Print module M01 — Sourced scores

ABS / AIHW / Young Minds Matter. No invented scores.

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INFORMATIONAL / parliamentary advocacy preparation / not legal advice / not a filing

This briefing is a local compilation for preparing possible parliamentary advocacy. It is not legal advice, not medical or clinical advice, not a diagnosis, not a court or tribunal filing, not a guardianship application, and not correspondence sent to any Member of Parliament. Figures are cited from named public sources with year, geography and URL. Do not invent mental-health scores. Confirm live official pages before quoting. Compiled 25 August 2026 (Australia/Sydney). Local-only pack: this compilation does not email anyone or publish to a public site.

If you need help now: **000** (emergency). Kids Helpline **1800 55 1800** (ages 5–25). Lifeline **13 11 14**. 13YARN **13 92 76** (Aboriginal and Torres Strait Islander). NSW Mental Health Line **1800 011 511**.

What these scores are

These are published population rates from national surveys. They are not a clinical score for any named person. Do not invent or raise mental-health scores for advocacy.

ABS NSMHW — Australia, ages 16–24, 12-month mental disorder

Group	2007	2020–22	Geography	Age
Persons	26% (also 26.4%)	38.8%	Australia	16–24
Females	30.1%	45.5%	Australia	16–24
Males	22.8%	32.4%	Australia	16–24

Source: ABS National Study of Mental Health and Wellbeing, latest release.

AIHW restatement (rounded)

Australia's health 2026 restates the same 16–24 rise as 26% to 39% (rounded). Prefer 38.8% when citing ABS.

Child baseline — do not mash into 0–24

- Young Minds Matter 2013–14, Australia, ages 4–17: 13.9% met DSM-IV criteria in the previous 12 months.
- There is no national 12-month diagnostic prevalence survey for ages 0–3. Do not apply 16–24 rates to infants.
- Keep published labels: 4–17, 16–24, 15–24. Do not invent a single 0–24 rate.

Australia 16-24 · 12-month mental disorder (ABS NSMHW)

Year / geography / age band cited. Not a 0-24 rate. Not NSW-only.

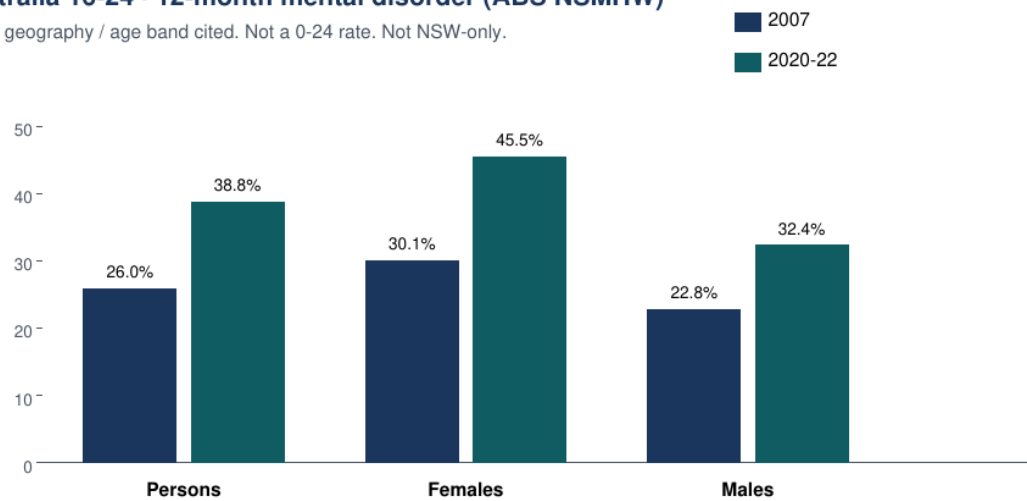
Source: ABS NSMHW — abs.gov.au/.../national-study-mental-health-and-wellbeing/latest-release

Chart: ABS 16–24 persons/females/males, 2007 vs 2020–22.

Evidence rule: every figure needs year, geography, age band, and URL. No invented scores.

Sources (confirm live)

1. ABS NSMHW — <https://www.abs.gov.au/statistics/health/mental-health/national-study-mental-health-and-wellbeing/latest-release>
2. AIHW 2026 key findings — <https://www.aihw.gov.au/reports/australias-health/australias-health-2026/contents/key-findings>
3. Young Minds Matter — <https://youngmindsmatter.thekids.org.au/our-research/prevalence-of-mental-disorders/>